



Kingfisher
CE ACADEMY



Physical Education

RE at Kingfisher CE Academy

Intent: What do we want children to learn?

The intent for Physical Education at Kingfisher CE Academy is for it to be a unique process of learning. It is a Foundation Subject within the National Curriculum.

The 5 key 'Sports Premium' initiatives will underpin our whole school aims and philosophy;

1. The engagement of all pupils in regular physical activity - laying the foundations for healthy active lifestyles for the future.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport both within the school and wider community.

Our intent is to enable children to become physically educated within a clear progression of skills by giving them the opportunity to:

1. Develop physical and cognitive competence as well as the skills of planning, performing and evaluating.
2. Promote physical activity and a healthy lifestyle;
3. Develop positive attitudes;
4. Ensure safe practice; 5. Develop problem solving skills and interpersonal skills which will have a much wider application.



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Implementation: How do we do it at Kingfisher CE Primary Academy?

To develop physical and cognitive competence as well as the skills of planning, performing and evaluating and will be implemented through:

- Knowing about factors which influence efficient and effective performance;
- Knowing how to improve their own performance and that of others by engaging in the continual process of reflection, selection, refinement, adapting and evaluation;
- Practising and consolidating movement concepts and motor skills in dance, games and gymnastics;
- Children in Key Stage 2 experiencing athletic activities, outdoor and adventurous activities and swimming in addition to the core programme;
- EYFS children developing skills such as gross motor development and fine motor skills as well as helping think about ways to keep healthy and safe as described in the physical development section of the Early Learning Goals.

To promote physical activity and a healthy lifestyle and will be implemented through:

- Enabling children to understand the effects of exercise on the body;
- Encouraging children to select and engage in regular physical activity;
- Encouraging children to be aware of opportunities in local clubs and the community which cater for primary age children;
- Only allowing the eating of fruit and vegetables at break times;
- Running a mixture of paid and free school clubs which all children are welcome to join and others where we actively target other groups of children.

To develop positive attitudes and will be implemented through:

- Encouraging children to exhibit such personal qualities as perseverance, self-worth, well-being and humility;
- Enabling children to understand and show appreciation of fair play and good team work.

To ensure safe practice and will be implemented through:

- The importance of routine procedures and factors which affect safety being reinforced and explained to the children regularly;
- Ensuring the children and all staff appreciate the principles of safe practice, risk assessments and take responsibility for personal practice.

To develop problem solving skills and interpersonal skills which will have a much wider application and be implemented by children through:

- Working collaboratively as individuals, pairs and members of a group in solving problems;
- Expressing independent opinions;
- Expressing interest, enjoyment, motivation and enthusiasm for physical activity.



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Impact: On leaving Kingfisher CE Primary Academy children will:

Understands the importance of physical activity as part of their health and wellbeing.

Have had the opportunities to develop their core skills and can apply them confidently across a range of competitive sports. •

Participated in physical activities in a fair and cooperative manner, always aiming high and respecting others for doing the same.

Feel a sense of pride in their participation.

Understand how their bodies respond to exercise and how keeping fit will benefit their lives.

Understand their own strengths and weaknesses and be clear upon which sports they themselves prefer playing.

Demonstrate perseverance and resilience when working on those skills that they find most difficult.